

## LUNCH MENU

### SOUPS

Executive Head Chef Stuart Heeney's Finest Artisan Soup <sup>3, 8, 11</sup> .....	€6.75
Naturally Smoked Haddock, Irish Salmon & Sweet Corn Chowder Served with Knight's Guinness Bread <sup>3, 6, 8, 11</sup> .....	€7.95

### SALADS

Our Executive Chef is delighted to enhance any of your salads with –

Chargrilled Lemon & Thyme Chicken Breast or Grilled Garlic Black Prawn Skewer .....	€4.75
Knight's Classic Caesar Salad, Crispy Back Bacon, Cos Leaves, Sourdough Croutes, & Aged Parmesan <sup>3, 6, 10, 12</sup> .....	€10.95
Knight's Caprese Salad, Heirloom Tomatoes, Slow Roast Cherry Tomatoes, Baby Gem & Panko Crumbed Buffalo Mozzarella, White Balsamic Dressing <sup>3, 11, 12</sup> .....	€11.50
Rainbow Quinoa Salad, Spinach, Feta, Pomegranate, Red Pepper, Avocado, Carrot Zesty Lemon & Chilli Dressing .....	€11.95

### MAIN COURSES

Rigatoni Carbonara, Roasted Cauliflower, Rocket & Hazelnuts <sup>2, 3, 10, 11</sup> .....	€13.95
Knight's Traditional Irish Stew, Slow Cooked Lamb, Root Vegetables & Potatoes, Lamb Broth, Pearl Barley, Stone Ground Brown Bread <sup>2, 3, 8, 10, 11</sup> .....	€15.50
Beer Battered Sustainable Fish of the Day, Pea & Watercress Puree, Tartar Sauce, French Fries <sup>3, 6, 10, 11, 12</sup> .....	€16.50
Fragrant Thai Green Chicken Curry, with Snow Peas, Courgettes & Fresh Coriander, Served with Steamed Jasmine Rice <sup>6, 9, 11</sup> .....	€15.50
Knight's Prime Short Rib Beef Burger, Brioche Bap, Mature Irish Cheddar, Baby Gem Leaves, Beef Tomato, Relish, Crispy Onions & Bacon, served with French Fries <sup>3, 7, 8, 12, 14</sup> .....	€16.50
Grilled Cajun Chicken, Brioche Bap, Avocado, Lime Mayo, Crispy Bacon & Mozzarella served with French Fries <sup>3, 10, 11, 14</sup> .....	€15.95

### SIGNATURE SANDWICHES

<b>Knight's Reuben</b> Slices of Corned Beef, Sauerkraut, Dill Pickles, Dijon Mustard & Thousand Island Dressing served on a Pretzel Roll <sup>3, 8, 10, 11, 12</sup> .....	€10.50
<b>Knight's Ham &amp; Cheese</b> Slices of Honey Baked Ham, Apple Wood Smoked Cheddar, Slow Roasted Plum Tomatoes, Balsamic Grilled Red Onions, Rocket & Mayonnaise served on Ciabatta <sup>3, 10, 11, 12</sup> .....	€10.75
<b>Knight's Spicy Turkey</b> Slices of Turkey, Spicy Salami, Citrus Infused Cream Cheese, Fresh Basil & Roasted Red Peppers served on Thick Cut Sourdough <sup>3, 10, 11</sup> .....	€10.95

### ACCOMPANIMENTS

Skinny Fries .....	€4.50
Rosemary & Parmesan Skinny Fries .....	€4.95
Mustard Mash <sup>11, 12</sup> .....	€4.50
Knight's Pickled Slaw <sup>12</sup> .....	€4.50
Melange of Vegetables <sup>11</sup> .....	€4.50
Baby Caesar Salad <sup>3, 6, 10, 11, 12</sup> .....	€4.95

### *Something sweet*

Knight's French Apple Tart, Anglais, Vanilla Bean Ice Cream .....	€7.50
Rich Chocolate & Pecan Brownie, Valhrona Chocolate Sauce, Vanilla Bean Ice Cream <sup>2, 3, 10, 11</sup> .....	€7.25
Irish Farmhouse Ice Cream, Brandy Snap Basket & Fresh Berries (Vanilla, Mint Choc, Strawberry, Double Chocolate, Honeycomb) <sup>3, 10, 11</sup> .....	€6.50
Banana and Butterscotch Sundae <sup>2, 10, 11</sup> .....	€7.25
Knight's Mixed Berry Meringue, Raspberry Sorbet & Vanilla Cream <sup>10, 11</sup> .....	€6.95

All our fruit and vegetables are grown with passion and supplied by Keelings Farm. Our chicken is 100% Irish and is sourced from only Bord Bia approved farms across Ireland. All our beef and pork is sourced locally in Ireland by Gahan Meats. Our fresh fish is delivered daily by Wrights of Marino and Kish Fish.

#### Allergens

1. Peanuts	4. Sesame	7. Soy/soybean	10. Eggs	13. Lupin
2. Tree nuts	5. Molluscs	8. Celery/celeriac	11. Milk/lactose	14. Sulphites
3. Gluten	6. Fish/fish sauce	9. Shellfish/crustaceans	12. Mustard	