

# KNIGHTS BAR

## DINNER MENU

### LIGHT BITES

Executive Head Chef Stuart Heeney's  
Finest Artisan Soup <sup>3, 8, 11</sup>.....€6.95

Grilled Focaccia with Dips; Sundried Tomato,  
Spinach and Feta and Black Olive Tapenade <sup>2, 3, 10, 11</sup>.....€7.95

Naturally Smoked Haddock & Sweet Corn Chowder  
served with Knight's Guinness Bread <sup>3, 6, 8, 11</sup>.....€8.95

Hot and spicy Chicken wings,  
Blue Cheese Dip and Celery <sup>4, 8, 11, 12</sup>.....€9.95

Sweet & Sticky Pork Belly, Vietnamese Style Salad  
and Smashed Peanuts <sup>1, 3, 7, 12</sup>.....€10.25

Irish Smoked Salmon, Castletownbere Crab,  
Fennel, Apple, Avocado & Knights Guinness Bread <sup>2, 3, 6, 9, 10, 11, 12</sup>....€10.50

Knight's Charcuterie Board <sup>3, 11, 14</sup>.....€11.25  
Salami, Pepperoni, Parma Ham, Prosciutto, Pastrami,  
Smoke Apple Wood Cheddar, Mini Goats Cheese,  
Sundried Vegetable Relish, Grilled Breads

### SALADS

Our Executive Chef is delighted to enhance  
Any of your salads with -  
Char grilled Lemon & Thyme Chicken Breast or  
Grilled Garlic Black Tiger Prawn Skewer.....€4.50

Knights Classic Caesar Salad, Crispy Back Bacon,  
Cos Leaves, Sourdough Croutes, & Aged Parmesan <sup>3, 6, 10, 12</sup>.....€11.50

Knights Caprese Salad, Heirloom Tomatoes,  
Slow Roast Cherry Tomatoes, Baby Gem,  
and Panko Crumbed Buffalo Mozzarella,  
White Balsamic Dressing <sup>3, 11, 12</sup>.....€11.95

Rainbow Quinoa Salad, Spinach, Feta, Pomegranate,  
Red Pepper, Avocado, Carrot, Zesty Lemon & Chili Dressing.....€11.95

### TO SHARE

Knight's Charcuterie Board <sup>3, 11, 14</sup>.....€19.95  
Salami, Pepperoni, Parma Ham, Prosciutto, Pastrami, Smoke Apple Wood  
Cheddar, Mini Goats Cheese, Sundried Vegetable Relish, Grilled Breads

Large Hot and Spicy Chicken wings,  
Blue Cheese Dip and Celery <sup>4, 8, 11, 12</sup>.....€15.50

### MEAT

Knights Prime Short Rib Beef Burger, Brioche Bap,  
Mature Irish Cheddar, Baby Gem Leaves, Beef Tomato, Relish,  
Crispy Onions & Bacon, Served with French Fries <sup>3, 7, 8, 12, 14</sup>.....€16.95

Grilled Cajun Chicken, Brioche Bap, Avocado, Lime Mayo,  
Crispy Bacon & Mozzarella served with French Fries <sup>2, 3, 10, 11, 12</sup>.....€16.95

Poached Chicken, Tarragon and Ham Hock Pie,  
Puff Pastry Lid, Tender Stem Broccoli with Toasted  
Almonds, Mustard Mash <sup>2, 3, 10, 11, 12</sup>.....€15.95

Char grilled 12 oz Pork T Bone Steak, Wild Boar Black Pudding Potato Cake,  
Savoy Cabbage, Apple and Bourbon Cream, Bacon Jam <sup>3, 10, 11, 12</sup>.....€18.95

Grilled 10 oz Dexter Rib Eye Steak, Roast Garlic and Parmesan Polenta Chips,  
Green Beans in Parma Ham, Braised Shallot Jus <sup>3, 8, 11, 14</sup>.....€24.95

Succulent Irish Lamb, slow cooked for 8 hours in Ras Al Hanout Spices,  
Grilled Pita Breads, Preserved Lemon, Harissa Paste & Hummus  
with Fragrant Tabbouleh. <sup>3, 8, 11</sup>.....€15.50

### SEAFOOD

Beer Battered Sustainable  
Fish of the Day, Pea & Watercress  
Puree, Tartar Sauce,  
French Fries <sup>3, 6, 10, 11, 12</sup>.....€17.50

Black Tiger Prawn and Monkfish Skewers,  
Roasted Chorizo, Tomato, Basil and Parmesan  
Orzo Pasta <sup>3, 6, 9, 10, 11, 14</sup>.....€19.50

Grilled Sea Bass in Yoghurt and Spices,  
Roasted Red Pepper Stew,  
Coriander Chutney & Saffron Rice <sup>6, 11</sup>.....€18.50

### VEGETARIAN

Roasted Butternut Squash,  
Spinach & Goats Cheese on  
Artic Flat Bread, Toasted Cashew  
Nut Pesto & Tabbouleh <sup>2, 3, 10, 11</sup>.....€13.95

Rigatoni Carbonara, Roasted Cauliflower,  
Rocket & Hazelnuts <sup>2, 3, 10, 11</sup>.....€14.95

### SIGNATURE SANDWICHES

Knights Club, Char Grilled Lemon  
& Garlic Chicken, Crispy Bacon, Gem Lettuce,  
Beef Tomato & Duck Egg, on Focaccia,  
served with French Fries.....€15.50

Knights Dry Aged Sirloin Steak Sandwich,  
Worcester Roast Onions, Slow Roast Plum  
Tomatoes, Portobello Mushrooms, Roast  
Garlic Mayonnaise on Ciabatta,  
Skinny Fries & Watercress <sup>3, 10, 12</sup>.....€16.95

### ACCOMPANIMENTS

Skinny Fries.....€4.25

Rosemary and Parmesan Skinny Fries...€4.75

Mustard Mash <sup>11, 12</sup>.....€4.25

Knight's Pickled Slaw <sup>12</sup>.....€3.95

Melange of Vegetables <sup>11</sup>.....€4.25

Baby Caesar Salad <sup>3, 6, 10, 11, 12</sup>.....€4.50

### Something sweet

Knights French Apple Tart,  
Anglais, Vanilla Bean  
Ice Cream.....€7.50

Rich Chocolate & Pecan Brownie,  
Valhrona Chocolate Sauce,  
Vanilla Bean Ice Cream <sup>2, 3, 10, 11</sup>.....€6.95

Irish Farmhouse Ice Cream,  
Brandy Snap Basket & Fresh Berries  
(Vanilla, Mint Choc, Strawberry,  
Double Chocolate, Honeycomb) <sup>3, 10, 11</sup>.....€6.50

Banana and Butterscotch Sundae <sup>2, 10, 11</sup>.....€6.95

Knights Mixed Berry Meringue,  
Strawberry Sorbet & Vanilla Cream <sup>10, 11</sup>.....€6.75

All our fruit and vegetables are grown with passion and supplied by Keelings Farm. Our chicken is 100% Irish and is sourced from only Bord Bia approved farms across Ireland. All our beef and pork is sourced locally in Ireland by Gahan Meats. Our fresh fish is delivered daily by Wrights of Marino and Kish Fish.

Allergens

1. Peanuts  
2. Tree nuts  
3. Gluten  
4. Sesame

5. Molluscs  
6. Fish /fish sauce)  
7. Soy/soybeans  
8. Celery/celeryiac

9. Shellfish/crustaceans  
10. Eggs  
11. Milk/lactose  
12. Mustard

13. Lupin  
14. Sulphites