

## LUNCH MENU

### SOUPS, STEWS & SALADS

Our Executive Chef is delighted to enhance any of your salads with -

Char grilled Lemon & Thyme Chicken Breast or Grilled Garlic Black Tiger Prawn Skewer.....€4.50

Executive Head Chef Stuart Heeney's Finest Artisan Soup <sup>3, 8, 11</sup> .....€6.50

Naturally Smoked Haddock & Sweet corn Chowder served with Knight's Guinness Bread <sup>3, 6, 8, 11</sup> .....€7.95

Knight's Traditional Irish Stew, Slow Cooked Lamb, Root Vegetables & Potatoes, Lamb Broth, Pearl Barley, Stone Ground Brown Bread <sup>2, 3, 8, 10, 11</sup> .....€14.95

Our Executive Chef is delighted to enhance Any of your salads with -

Char grilled Lemon & Thyme Chicken Breast or Grilled Garlic Black Tiger Prawn Skewer.....€4.50

Knights Classic Caesar Salad, Crispy Back Bacon, Cos Leaves, Sourdough Croutes, & Aged Parmesan <sup>3, 11, 12</sup> .....€10.50

Knight's Caprese Salad, Heirloom Tomatoes, Slow Roast Cherry Tomatoes, Baby Gem, and Panko Crumbed Buffalo Mozzarella, White Balsamic Dressing <sup>3, 11, 12</sup> .....€10.50

Rainbow Quinoa Salad, Spinach, Feta, Pomegranate, Red Pepper, Avocado, Carrot, Zesty Lemon & Chili Dressing .....€10.95

### ACCOMPANIMENTS

Skinny Fries .....€3.95

Rosemary and Parmesan Skinny Fries .....€4.50

Mustard Mash <sup>11, 12</sup> .....€3.95

Knight's Pickled Slaw <sup>12</sup> .....€3.95

Melange of Vegetables <sup>11</sup> .....€3.95

Baby Caesar Salad <sup>3, 6, 10, 11, 12</sup> .....€4.50

### MAIN COURSES

Poached Chicken, Tarragon and Ham Hock Pie, Puff Pastry Lid, Tender Stem Broccoli with Toasted Almonds, Mustard Mash <sup>2, 3, 10, 11, 12</sup> .....€14.95

Rigatoni Carbonara, Roasted Cauliflower, Rocket & Hazelnuts <sup>2, 3, 10, 11</sup> .....€13.95

Beer Battered Sustainable Fish of the Day, Pea & Watercress Puree, Tartar Sauce, French Fries <sup>3, 6, 10, 11, 12</sup> .....€16.50

Fragrant Thai Green Chicken Curry, with Snow Peas, Courgettes and Fresh coriander, Served with Steamed Jasmine Rice <sup>6, 9, 11</sup> .....€14.95

Knights Prime Short Rib Beef Burger, Brioche Bap, Mature Irish Cheddar, Baby Gem Leaves, Beef Tomato, Relish, Crispy Onions & Bacon, served with French Fries <sup>3, 7, 8, 12, 14</sup> .....€15.95

Grilled Cajun Chicken, Brioche Bap, Avocado, Lime Mayo, Crispy Bacon & Mozzarella served with French Fries <sup>3, 10, 11, 14</sup> .....€15.95

### SIGNATURE SANDWICHES

#### Knights Reuben

Slices of Corned Beef, Sauerkraut, 'Dill Pickles, Dijon Mustard and Thousand Island Dressing served on a Pretzel Roll <sup>3, 8, 10, 11, 12</sup> .....€9.75

#### Knights Honey Baked Ham and Apple Wood Smoked Cheddar

Slices of Honey Baked Ham, Apple Wood Smoked Cheddar, Slow Roasted Plum Tomatoes, Balsamic Grilled Red Onions, Rocket & Mayonnaise served on Ciabatta <sup>3, 10, 11, 12</sup> .....€9.75

#### Knights Succulent Turkey & Irish Salami

Slices of Turkey, Spicy Salami, Citrus Infused Cream Cheese, Fresh Basil & Roasted Red Peppers served on Thick Cut Sourdough. <sup>3, 10, 11</sup> .....€9.75

### Something sweet

Knights French Apple Tart, Anglais, Vanilla Bean Ice Cream.....€6.95

Rich Chocolate & Pecan Brownie, Valhrona Chocolate Sauce, Vanilla Bean Ice Cream <sup>2, 3, 10, 11</sup> .....€6.95

Irish Farmhouse Ice Cream, Brandy Snap Basket & Fresh Berries (Vanilla, Mint Choc, Strawberry, Double Chocolate, Honeycomb) <sup>3, 10, 11</sup> .....€5.95

Banana and Butterscotch Sundae <sup>2, 10, 11</sup> .....€6.75

Knights Mixed Berry Meringue, Strawberry Sorbet & Vanilla Cream <sup>10, 11</sup> .....€6.50

All our fruit and vegetables are grown with passion and supplied by Keelings Farm. Our chicken is 100% Irish and is sourced from only Bord Bia approved farms across Ireland. All our beef and pork is sourced locally in Ireland by Gahan Meats. Our fresh fish is delivered daily by Wrights of Marino and Kish Fish.

Allergens

1. Peanuts  
2. Tree nuts  
3. Gluten  
4. Sesame

5. Molluscs  
6. Fish /fish sauce)  
7. Soy/soybeans  
8. Celery/celeriac

9. Shellfish/crustaceans  
10. Eggs  
11. Milk/lactose  
12. Mustard

13. Lupin  
14. Sulphites