# KNIGHTS BAR 

Lounch Menu

## Sharing Platters

Oak Smoked Salmon \& Shrimp<br>$€ 23.95$<br>Wrights of Marino oak smoked salmon, spiced marie rose shrimp, charred Gopickled cucumber, dilsk, Guinness Eo treacle bread<br>Contains Allergens: 1a, 2, 3, 4, 7, 10, 12

Flat Breads \& Dips
$€ 18.95$
Selection of grilled breads, smoked hummus, babaganouch, olive oil छo balsamic dip Contains Allergens: $1 \mathrm{a}, 1 \mathrm{~b}, 1 \mathrm{c}, 1 \mathrm{~d}, 3,6,7,8 \mathrm{a}, ~ 8 \mathrm{~b}, ~ 8 \mathrm{c}, 11,12$
Vegan alternative available

Castle Chicken Wings
$€ 19.95$
Spicy sriracha bot sauce, crozier blue cheese dip, celery sticks Contains Allergens: $3,7,9,10,12$, trace 1a, trace 4
or
Sweet Eo Sour glazed, toasted sesame seeds
Contains Allergens: 4, 6, 11, 12 trace 1a
Vegan alternative available

## starters

Freshly Prepared Finest Artisan Soup ..... $€ 7.50$
Selection of home baked breads
Contains Allergens: 1a, 1b, 1c, 1d, trace 6, 9, 11Vegan alternative available
Castle Seafood Chowder ..... $€ 8.95$
Selection of fresh Gi smoked fish, in a classic fish velouté, fine herbs, Guinness Eo treacle bread
Contains Allergens: 1a, 1d, 4, 7, 9, 12
Castle Chicken Wings ..... $€ 12.95$
Spicy sriracha hot sauce, Crozier blue cheese dip, celery sticks Contains Allergens: $3,7,9,10,12$, trace 1a, trace 4

or

Sweet ${ }^{\circ}$ Sour glazed, toasted sesame seeds

Contains Allergens: $4,6,11,12$, trace 1 a

Vegan alternative available
Oak Smoked Salmon \& Shrimp ..... $€ 13.95$
Wrights of Marino oak smoked salmon, spiced Marie Rose shrimp, charred Eopickled cucumber, dilsk, Guinness छo treacle bread Contains Allergens: 1a, 2, 3, 4, 7, 10, 12

## salads

Knight's Caesar Salad ..... $€ 13.95$
Baby gem lettuce, crisp bacon, anchovies, rustic garlic © herb croutons, shaved aged parmesan, caesar emulsion
Contains Allergens: $1 \mathrm{a}, \mathrm{lb}, 1 \mathrm{c}, 1 \mathrm{~d}, 3,4,7,10,12$
Quinoa \& Edamame Salad ..... $€ 13.95$Trio of quinoa, chicory, pomegranate, pickled grapes, carrot, almond za'atarContains Allergens: 8a, $9,10,12$
Panzella \& Fior Di Latte Mozzarella Salad ..... $€ 14.95$
Heirloom tomatoes, cucumber, black olives, red onion Es sourdough, shallot red wine vinegarette
Contains Allergens: 1a, 1b, 1c, 1d, 7, 12
Enhance your saalad with the addition of:
Smoked Paprika \& Garlic Chicken ..... $€ 4.95$
Prawns ..... $€ 5.95$
Contains allergen 2Grilled Goats Cheese$€ 4.95$
Contains allergen 7

## sandwiches

Grilled Vegetable, Hazelnut \& Rocket Pesto, Vegan Mozzarella ..... $€ 11.95$Grilled courgette, aubergine, roasted red pepper, beef tomato,rocket E゚ bazelnut pesto
Contains Allergens: 1a, 1b, 1c, 1d, 7, 8b, 8f, 12Castle Glazed Ham \& Dubliner Cheddar Cheese Croque Monsieur$€ 12.95$Honey छg grain mustard glazed ham, sliced Dubliner cheese,gratinated béchamel, sour doughContains Allergens: 1a, $7,10,12$
BLT$€ 11.95$Smoked streaky bacon, beefsteak tomato, gem lettuce, mayonnaise, baguetteContains Allergens: 1a, 3, 7, 10, 12


Gahan's 8 oz Gourmet Beef Burger ..... $€ 18.95$
Black sesame bun, smoked Knockanore cheese, lollo rosso, dill pickles, crispy onions, castle burger relish, French fries ..... Contains Allergens: 1a, 4. $7,10,11,12$
Buttermilk Tandoori Chicken Flat Bread ..... $€ 17.95$
Buttermilk $\Xi^{9}$ Tandoori spiced chicken thighs, char grilled flat breads, Indian slaw, mango छ̊ cucumber tarka
Contains Allergens: 1 a, $7,9,10,12$, trace 4Chargrilled 10oz Hereford Striploin Steak$€ 32.95$
Tomato, pepper © mushroom ragout, Rocket Parmesan Eaged balsamic salad, steak chips, old school peppercorn sauceor red wine jusContains Allergens: 7, 9,10, 12, trace 1a
Fresh Market Fish Of The Day$€ 19.95$Lightly battered in craft beer, pea B dill puree, tartar sauce, $_{\text {der }}$grilled lemon, French friesContains Allergens: 1 a, $3,4,7,10,12$
Cod \& Prawn Massaman Curry ..... $€ 21.95$
Poached cod, prawns, sweet potato, oyster mushroom EO spinach, fragrant Thai massaman reduction, jasmine rice
Vegan alternative available



## Thai Massaman Curry

Sweet potato, oyster mushroom $\underbrace{\text { s spinach, fragrant Thai }}$
massaman reduction, jasmine rice
Contains Allergens: 6, 9, 11, 12

## Charred Vegan Burger

Charred beyond meat burger, Lollo rossa, beefsteak tomato, vegan halloumi, Harissa Ketchup, French fries Contains Allergens: 1a, $9,10,12$, trace 5


## Sides

French Fries ..... €4.00
Contains Allergens: trace 1a
Truffle Mayonnaise \& Parmesan Cheese Dressed Fries ..... $€ 5.50$
Contains Allergens: trace 1a, 3, 7, 10, 12
Smoked Knockanore Mash ..... $€ 5.00$
Contains Allergens: 7Rocket, Parmesan, Sundried Tomato, Black Olives \&Aged Balsamic Salad$€ 4.50$
Contains Allergens: 7, 10, 12
Sauteed Greens ..... $€ 5.00$Contains Allergens: 7, 12


## Desserts

Salted Caramel Cheesecake ..... $€ 7.50$Toffee popcorn, toffee sauceContains Allergens: 1a, 7
French Tart Aux Pomme ..... $€ 7.50$Apple Eo frangipane tart, crème anglaise, bourbon vanilla ice creamContains Allergens: 1a, 3, 7, 8a
Warm Chocolate Fondant ..... €7.50Warm chocolate fondant, kirsch chery gel, pistachio ice creamContains Allergens: 7, 8d, 12
Miniature Irish Cheese Selection ..... $€ 9.95$
Cheese biscuits Eg grape chutney
Contains Allergens: 1a, 1b, 1c, 1d, 3, 7, 8a, 8b, 8c, 8d, 8e, 10, 11, 12
Co. Wicklow Artisan Dairy Ice Cream ..... $€ 6.50$
Contains Allergens: 3,7



At Clontarf Castle Hotel our chefs strive to source only the finest ingredients from land \& sea. Always trying to stay true to the value of locality \& using Irish where possible. With this in mind we have partnered with Wright's of Marino for our fresh \& smoked fish and Gahan Meat, a native of Clontarf, who sources all our beef from Irish farms.

List of food allergens as used in Clontarf Castle Hotel as they may appear:

1. Cereals containing gluten $>20 \mathrm{ppm}$ and products thereof. a. Wheat (such as spelt, Khorasan.) b. Rye Barley. c. Oats. 2. Crustaceans and product thereof. 3. Eggs and products thereof. 4. Fish and products thereof. 5. Peanut and products thereof.
2. Soybeans and products thereof. 7. Milk (including Lactose) and products thereof.
3. Nuts and products thereof. a. Almond. b. Hazelnut. c. Walnut. d. Pistachio. e. Pecan.
f. Pinenut. g. Cashew nut. 9. Celery and products thereof. 10. Mustard and products thereof. 11. Sesame seeds and products thereof. 12. Sulphur dioxide and sulphites at concentrations of or $>10 \mathrm{mg} / \mathrm{kg} / \mathrm{lt}$. 13 . Lupin and products thereof.
4. Molluscs and products thereof.
